



Caring For Parents.....

Wondering if your parents need in-home assistance? Don't know how to decide? Use this list to help you determine your parent's capabilities:

- Does the clothing they are wearing have food stains?
- Is their hair combed completely?
- Do their teeth appear clean or in need of care?
- Does she continue to wear makeup?
- How do their shoes look?
- Is the house orderly and clean?
- Do they call you by name?
- Are they speaking in a too loud or too soft tone of voice?
- Are they informed about news and local events?
- Have they continued with hobbies, activities, and friendships?
- Do they have future plans or goals?
- Does the house have any unpleasant odors?
- Do the cupboards or refrigerator smell?
- Are the plants watered and animals cared for?
- Is there an unusual amount of garbage, clutter, dust, or dirt?
- Are foods and pantry supplies past the expiration date?
- Do they forget safety procedures, such as turning off the stove?
- Do medications and prescriptions come from several different doctors or pharmacies?
- Do they sleep for long periods of time?
- Do they complain of dizziness?
- Are they suspicious of others and feel threatened by strangers?
- Have they become lost?
- Do they forget personal information such as name and phone number?
- Are they unable to recognize an emergency or take steps such as calling 9-1-1?

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Private Duty Caregivers and Companions